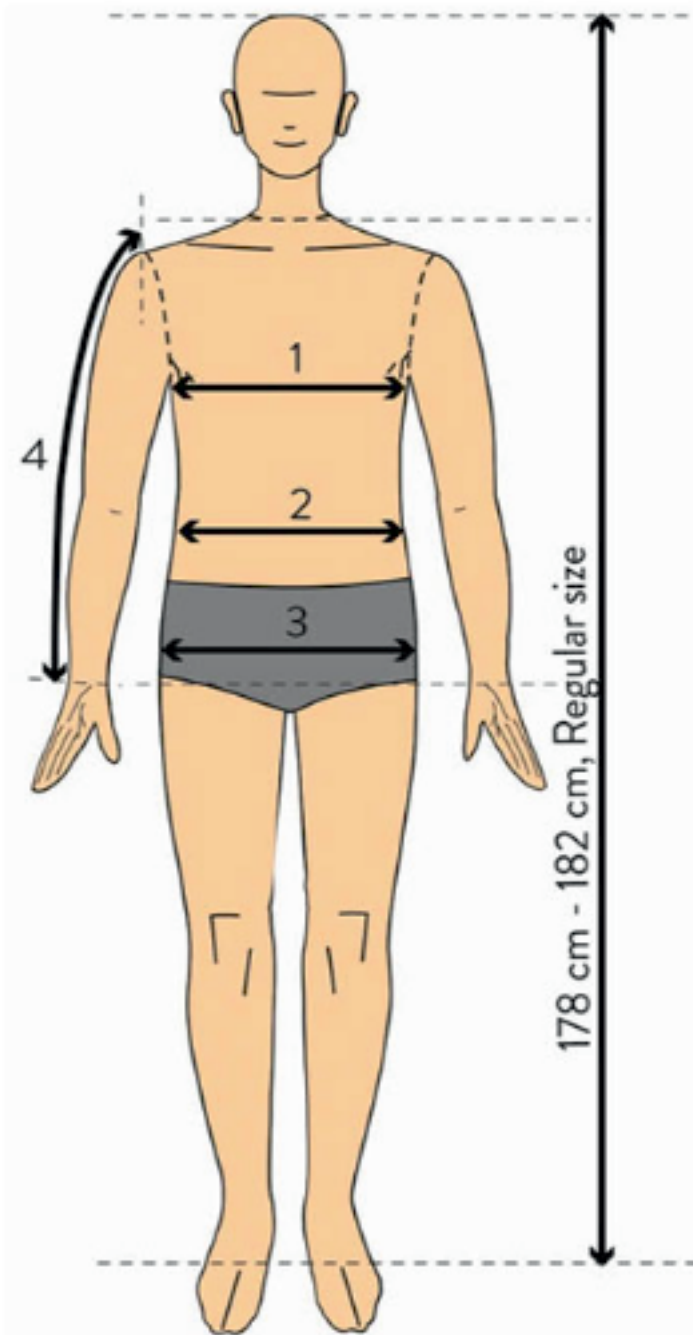


ARRAK'S sizeguide for MEN tops



1. CHEST: Measure the chest circumference at the widest point
2. WAIST: Measure the waist circumference at the smallest part of the waist.
3. SEAT: Measure the seat circumference at the widest part of the waist.
4. SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist

ARRAK/EU SIZING:

MEN size	40/42	44	46/48	50	52/54	54/56	58/60	60/62	64
MEN size	XXS	XS	S	M	L	XL	XXL	3XL	4XL
Chest width in cm	82	88	94	100	106	112	118	124	130
Waist in cm	70	76	82	88	95	102	109	116	123
Seat in cm	86	92	98	104	111	118	125	132	139
Sleevelenght in cm	62	63	64	65	66	67	68	69	70